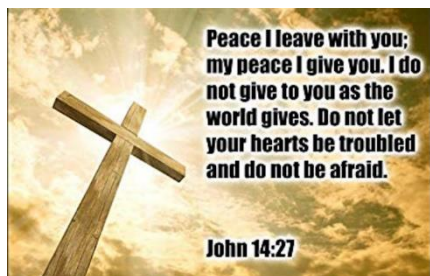




# MANLY FRESHWATER CATHOLIC PARISH

Mary Immaculate and St John the Baptist

**Sixth Sunday of Easter – 25<sup>th</sup> May 2025**



## Gospel Reflection

In his Last Supper discourse, Jesus leaves his fledgling Church his gift of peace and the

promise of the Spirit. Christ's gift of peace is not the absence of trouble and hostility ("as the world gives peace"); Christ's peace is the Scriptural concept of **shalom**, meaning the pursuit of everything which makes for the highest good. The peace of Christ finds its core in the Gospel principles of humble servanthood and holy justice.

The "Advocate" (or "Paraclete," as found in some translations of John's Gospel), who intercedes and intervenes on behalf of good, is the exact opposite of the "adversary," Satan. The Advocate/Paraclete is that presence of God within us that opens our hearts and minds to the promptings of God's Word as proclaimed by Jesus. *Connectionmediaworks.com*



## SPIRITUAL CONVERSATIONS GROUP

**Do you know someone thinking about becoming Catholic?**

A new group is starting up for those who are not baptised, or not fully initiated into the Church, and are **interested in exploring the Catholic faith**. This is *not* a general prayer group or ongoing formation class, but a space specifically for those **discerning entry into the Church**.

The group is informal and begins with conversation, a short reflection from Fr Sam, and time for open questions. It's the first step before the formal RCIA program kicks off in September.

The group meets on **Thursday evenings at 7:00pm** (starting 22 May) at **St Mary's Parish Office**.

If you or someone you know is curious about becoming Catholic, feel free to get in touch with **Fr Sam** at [sam.french@bbcatholic.org.au](mailto:sam.french@bbcatholic.org.au).



**SAVE THE DATE  
15<sup>th</sup> June 2025**

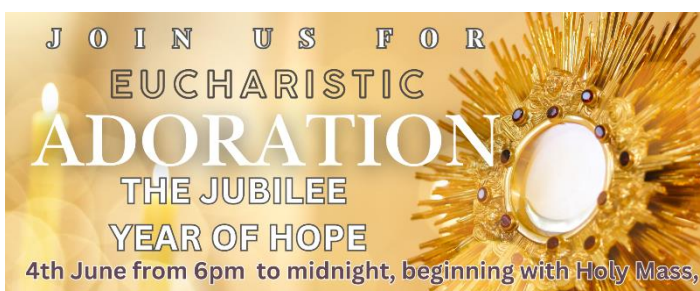
**25th Ordination  
Anniversary for  
Fr Marek**

You are invited to join in Fr Marek's celebrations on Sunday 15<sup>th</sup> June at 10:30am Mass

followed by lunch under the big tree in the school yard.

RSVP by 10<sup>th</sup> June for catering purposes to the parish office 9977 5822

[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)



**First Wednesday of the Month – 4th June  
6pm – midnight, beginning with Holy Mass**



## FAMILIES OF MANLY FRESHWATER



- Tell us about your family!
- When did your family come to Manly-Freshwater parish?

Pick up a family information sheet at the entrance of the Church and once completed with a family photo please return it to the parish office. This information will be included in the parish's history and published next year.

**Anniversary:** June Beninati; George Paul

**Prayers for the sick in our parish:** “**Lord, grant them and their carers strength and courage**” Stephen Robertson; Maureen Williams; Gerry Wybrandt; Amy Farrow; Patricia Duffy; Florencia Lira; Ken Waller; Mary Helen Fogarty; Belinda Nicholls; Jacqui Dawson; Gerry Ring; Zacchaeus Ratnam; Don Hews; Joan Jacobs; Paul Donnelly; Julie Wallis; Lyn Hillard; Jake Usher; Wayne Smedley; Apolinar Anasarias; Kay Flenady; Annette Frances O’Leary; Anna Kalayzich; Veronica Rinaldo; Rena Curll; Shirley Ford; Ana Maria Saladana; Peter Hoang Ngoc Thai; John Santos; Garry Kirkman; James Douglas

**Dates to remember...**

- **First Communion Classes** 24 – 25 May
- **ALPHA continues** Monday 19 May 7pm
- **Cenacle of Our Lady**  
Manly: Tues 9:45am; Freshwater: Wed 9:45am



**Sacrament of  
confession/reconciliation**  
is available in Manly every  
Saturday from 10am to 11am and  
Wednesday from 6pm to 7pm.



**EUCCHARISTIC ADORATION IN  
MANLY**

**ON WEDNESDAYS 6pm – 7.30pm**

**Quiet Prayer, Adoration and  
reconciliation will be available**

6pm – 7pm concluding with **Benediction**

**“Hours of Mercy” every First Wednesday** from **6:00 pm to midnight**, we will hold a special time of grace and prayer. The evening will begin with **Mass**, followed by **Eucharistic Adoration**. This extended time of prayer allows us to deepen our relationship with God and receive the gift of **Plenary Indulgences**.

**Welcome to  
Our Parish!**

If you are new to the Parish or are not currently registered, we warmly welcome you and ask that you complete a Parish Census form. This will assist us to connect with you and your family and advise you of any of our parish community activities. The census form can be found on the back wall of the Church or at the side door entrance and may be left in the collection plate or emailed to the Parish Office - [manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)



**CAN’T GET TO MASS ON  
SUNDAY AND WANT TO  
RECEIVE HOLY COMMUNION?**

Many of you have not been able to come back to Mass on Sunday for different reasons. If you would like one of the Priest to visit you at home, please ring the parish office on 9977 5822

**The Shroud of Turin: Burial Cloth of Jesus**

The Shroud of Turin is perhaps the **most sacred and studied relic** in the Catholic Church. It bears the faint image of a man who appears to have suffered the wounds of crucifixion—matching the descriptions found in the Gospels. Many believe it to be the **actual burial cloth of**



**Jesus Christ**. Over the years, the Shroud has become the most intensely researched artefact in history. However, public interest seemed to wane after a 1988 scientific study used carbon-14 dating to conclude that the cloth originated in the fourteenth century, between 1260 and 1390 AD. This appeared to disprove the idea that the Shroud could be from the time of Christ.

Yet, in recent years, several scientific studies have challenged those 1988 results. Critics have raised concerns about the reliability of the carbon dating, pointing to likely contamination of the samples, the questionable location from which the sample was taken (from a medieval repair), and flaws in the testing methodology itself. More advanced dating techniques have since emerged. One of the most notable is **WAXS Analysis** (Wide-Angle X-ray Scattering), a method used to date linen by studying the molecular structure of the linen.

In 2022, a team of scientists led by Italian Dr. Liberato De Caro used WAXS to analyse a sample of the Shroud. They concluded that the linen's structure closely matches that of other fabrics known to be from the first century. Their findings were published in the **scientific journal Heritage** on April 11, 2022. A study by a separate team from the University of Padua also supports the conclusion that the cloth is consistent with a first-century origin.

But **the mystery of the image on the Shroud is far more significant** than questions about its age. Australian expert William West has highlighted **several unique and puzzling features**:

- The image is a **high-resolution, 3D encoded, photographic negative**, which no known artistic method from history can replicate.
- The image appears to have been **formed by a burst of electromagnetic radiation** coming from the body itself—something no natural process has been able to explain nor replicate.
- Blood stains on the cloth contain the chemical **bilirubin**, consistent with a person who endured extreme physical trauma, such as torture.
- Microscopic analysis has revealed **pollen grains from plants native to Jerusalem** and traces of rare soil also found in that region.
- The wounds and blood clot stains on the cloth show no signs of disturbance, suggesting that the cloth was not removed or peeled away from the body, but rather **the body had vanished or transformed** — a claim consistent with the Gospel accounts of the Resurrection.
- Numerous other details have been identified and written in articles and books on the Shroud that shows how closely it aligns with the biblical description of Jesus' suffering, death, and resurrection.

*Alfred Soliman Seminarian*



In this Holy Jubilee Year, our hope is to connect to the mission of Jesus Christ each day.

Please support our upcoming  
**Pastoral Works May 2025 Appeal**

Confraternity of Christian Doctrine (CCD)    Hospital Chaplaincy and Pastoral Care





Your gift to MAY 2025 APPEAL is tax-deductible. Donate via QR Code or at [www.bbcatholic.org.au/pastoralworks](http://www.bbcatholic.org.au/pastoralworks)

**PASTORAL WORKS** Broken Bay

## PASTORAL WORKS MAY APPEAL (PWBB)

PARISH TARGET (set by Diocese)  
for year to June 30 2025 : \$51,095

AMOUNT RAISED to mid May \$37,635

With the great support of some very generous donors, our target is within reach.

As a reminder, the Appeal supports 2 key Diocesan ministries

- CATECHISTS
- HOSPITAL CHAPLAINCY and PASTORAL CARE PROGRAM

PWBB also contributes financially to St Lucy's School and St Edmund's College for students with disabilities and the Ephpheta Centre which supports the deaf community.

Your 100% tax deductible gift via this appeal is a very effective way to help our community of Broken Bay and more deeply connect to our vision and the Mission of Jesus Christ.

Thank you for your generous support in this and the many other appeals throughout the year.

## JUNE MINISTRY ROSTER IS AVAILABLE AT THE BACK OF THE CHURCH

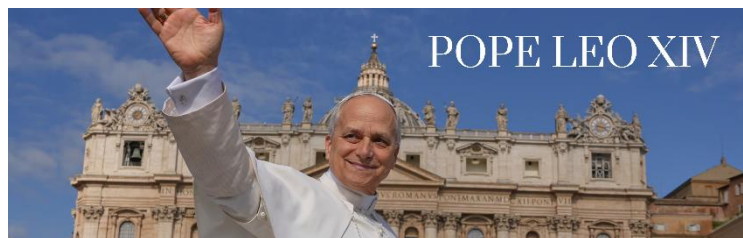
Manly Freshwater Parish promotes SAFEGUARDING which involves the implementation of proactive, common sense and practical ideas that ensure the safety of children and vulnerable adults in our MANLY community.

### PARISH SOCIAL MEDIA

**Parish facebook:** [facebook.com/manlyfreshwaterparish](https://facebook.com/manlyfreshwaterparish)

**Parish website:** [bbcatholic.org.au/manlyfreshwater](http://bbcatholic.org.au/manlyfreshwater)

**Livestreaming on Facebook** Sunday 8:30am Mass  
[manlyfreshwaterparishfacebook/videos](https://manlyfreshwaterparishfacebook/videos)



## Vox Populi

21 May 2025

The Jubilee Year of Hope continues through the Petrine ministry of Pope Leo XIV.

Greeting more than 200,000 pilgrims, representatives of Christian denominations, and leaders from around the world, at his Mass of inauguration in St Peter's Square last Sunday, Pope Leo XIV expressed his heartfelt gratitude for the prayerful and joyful support as he begins his pastoral ministry as Pope.

"I was chosen, without any merit of my own, and now, with fear and trembling," said Pope Leo, "I come to you as a brother, who desires to be the servant of your faith and your joy, walking with you on the path of God's love, for he wants us all to be united in one family."

Pope Leo XIV recalled how love and unity are the two aspects of the mission entrusted to Peter by Jesus.

Next week, 31 May, we celebrate The Visitation of the Blessed Virgin Mary when Mary, pregnant with Jesus, visits her cousin Elizabeth, who was pregnant with John the Baptist.

The Visitation of Mary signifies her humility, willingness to serve God, and the joy of welcoming Jesus into the world. It also highlights the importance of charity, spreading the Gospel, and the Church's missionary nature.

On this day we will also celebrate the Patroness of the Diocese of Broken Bay, Mary Star of the Sea.

Star of the Sea is an ancient title for the Mother of Jesus Christ and comes down to us from the Latin *Stella Maris*. Under this title, Mary intercedes as both guide and protector for all those who travel or seek their livelihoods on or by the sea. As a faith community whose borders skirt both the Pacific Ocean and the Brisbane Waters, Mary is our guiding star and the model of discipleship as the mother of the Church.

Recognising the Patronal Feast Day, Bishop Anthony is hosting the **Inaugural Diocesan Awards Gala Dinner and Presentation on Friday 30 May 2025** which will also feature the inaugural Diocesan Oration.

This will be held at The Epping Club, 45-47 Rawson Street, Epping at 5.00pm.

Tickets can be purchased from the following [site](#).

The Diocese has subsidised the tickets by 50% so that they are available for \$75.00 each.

The RSVP date has been extended to Monday 26 May if any parishioners would like to attend. You are most welcome.



## Prayer for the Jubilee Year of Hope

*Inspired by the Life and Witness of St. John Vianney*

Heavenly Father, in this Jubilee Year of Hope, we thank You for the gift of our parish, Manly Freshwater, chosen as a shrine of hope for priests and vocations. Through the intercession of St. John Vianney, the faithful shepherd of souls, renew in us a deep love for the priesthood and a commitment to fostering holy vocations in our community.

Lord, may this parish be a beacon of hope, where priests find strength and renewal, where Your faithful discover peace and encouragement, and where hearts are inspired to answer Your call with courage and joy.

Teach us, through the example of St. John Vianney, to love prayer deeply, to serve with humility, and to bring Your mercy and hope to those who seek You.

We entrust Manly Freshwater Parish and this Jubilee Year of Hope to Your loving care, confident that You will guide us to renewal and bless us with abundant vocations, through Christ our Lord. Amen.

**JOIN OUR  
NORTHERN BEACHES**

**YOUNG ADULTS**

*COMMUNITY*

Every 2nd Saturday at pub/restaurant  
Every 4th Saturday at Manly Parish  
message: (6 Raglan St)  
Fr Marek at 0422532173  
or Cam at 0432895304



## YOUTH GROUP

**1st and 3rd Sunday** of the Month  
following the 6pm Mass (7pm – 9pm).

We welcome all youth who are in High School (Yr 7 – Yr 12) to come along and join the Manly Freshwater Parish Youth Group. Join us for free food and drinks, table tennis, basketball, party games, talks and new friends! Feel free to check out our instagram or send us an email!

Email: [manlyfreshwatercatholicyouth@gmail.com](mailto:manlyfreshwatercatholicyouth@gmail.com)

Instagram: [manlyfreshwater\\_catholicyouth](https://www.instagram.com/manlyfreshwater_catholicyouth)

## FEAST OF ST ANTHONY OF PADUA Sunday 15th June 2025

At St John the Baptist Church, Freshwater.  
Program as follows...

- 1:00pm Confessions
- 1:30pm Holy Mass celebrated by Fr Anthony Fregolent with blessing of the bread and children during the Mass.
- 3:30pm Holy Procession accompanied by the Italian Brass Band of Giuseppe Verdi and escorted by the Italian Carabinieri in their colourful uniforms.



SABADO 14 DE JUNIO

DESDE LAS 09:30 AM HASTA LA MISA DE LAS 6 PM

COME AND EXPERIENCE THE SECOND RETREAT IN SPANISH

**PENTECOST**

6 Raglan St, Manly. Parish Centre  
**MARY IMMACULATE CATHOLIC CHURCH**

BRING YOUR LUNCH, BIBLE, PENCIL, AND NOTEBOOK, AND A HEART WILLING TO BE TOUCHED BY THE HOLY SPIRIT

INSCRIPCION GRATUITA 0 484 847 690 Grupo de oración en español

## SPANISH PRAYER GROUP PENTECOST RETREAT – Saturday 14 June 2025 8:30am – 6pm Parish Meeting Room



Churches.

**Children's Liturgy is held on the 1st and 3rd Sunday of the month during the 10:30am Mass.**

**Children's Activity pages** available at the entrance of the

**Children's Mass books** are now available at the entrances of the Church for use during the Masses. Please return after the Mass.

Mass booklets can be purchased from the Piety Store for \$10.00



**First Holy Communion** program starts this weekend.

Please remember the children in your prayers.



## PIETY STORE

**Movie of the month** – *History of Walsingham – England's Marian shrine*. Five hundred years ago, Walsingham England was one of the four great shrines of Christendom. Following the protestant revolution, hundreds of churches and monasteries were destroyed, including the shrine to Our Lady of Walsingham. In recent years, something interesting is beginning to happen in Walsingham again. Only \$10 @ the piety store.

**Winning the culture war** – *Dr Peter Kreeft* The culture of western society is clearly in a moral crisis. The only weapon strong enough to defeat the demons of this age is saints. Only \$5 @ the piety store.



### Morning Prayer

During this Jubilee Year of Hope 2025, we are all invited to a deeper spiritual renewal, embracing prayer as a way to grow in faith and trust in God's providence and love. As part of this journey, Morning Prayer (Liturgy of the Hours) will be prayed at 8:45am, Tuesday to Friday, before Mass, at the Blessed Sacrament Chapel, at Mary Immaculate Church, Manly. This ancient prayer of the Church unites us in praise and reflection through Scripture and psalms, drawing us into the rhythm of daily prayer with the universal Church. Prayer books will be provided, and all are welcome to join.



### PARISH MORNING TEAS

**MANLY:** First Sunday after the 8:30am Mass and every 3rd Sunday after the 10:30am Mass hosted by the Tongan Community.

**FRESHWATER:** every Sunday after the 9am Mass in the parish hall.

**Join us for morning tea and a chat.  
All welcome and bring a friend**



**The Craft Group** meets each week on Tuesday mornings from 10am to 12noon in the Parish Center. We invite you to come along for a cuppa and a chat in a friendly relaxed environment. Bring your knitting or other craft if you wish.



**Lectio Divina** Read his story in the Gospels. Spend time with him. Lectio Divina groups meet in the Parish Centre on Tuesday evenings at 7:30pm and Wednesday mornings at 10am.



Thank you for your generous support. We encourage you to use the tap machines at the Church entrances. If you prefer to use cash, there will be **ONE** collection during Mass at the offertory at Manly and **TWO** at Freshwater.

**PILOT PROGRAM** – The Diocese has agreed for Manly to pilot a **ONE COLLECTION** at the weekend Masses. The Diocese will continue to monitor this.

The collection is for the First and Second Plates and will be allocated as follows:

- 25% to Supporting our Priests including the sick & retired in our Diocese.
- 75% to Parish operations and maintenance of building.

### SUPPORT OUR PARISH & PRIESTS

**FINANCIALLY by using one of the following...**

1. **Planned Giving:** through a monthly **direct debit** or **credit card**. Please contact the parish office for more information 9977 5822.
2. **Collection plates during Mass**
3. **Tap and Go machines** using your credit/debit card or **EFTPOS Terminals**.
4. **Scan to Donate** using the QR code to access our BPoint Donation page.
5. **Direct into Parish Bank Accounts**



- **Parish Giving (2nd collection)** Funds the running of the Parish  
Account Name: Manly Freshwater Parish  
Bank Name: Commonwealth Bank  
Account # 100002025 BSB: 062 784
- **Clergy Giving (1st collection)**  
Supports our Priests  
Account: Manly Freshwater Parish Pastoral  
Bank Name: Commonwealth Bank  
Account# 13958002 BSB: 062 784

### HAS YOUR CREDIT CARD EXPIRED?

If you donate to the Parish using your credit card please let us know if you have a new card or the card has expired by contacting the Parish Office 9977 5822 or email

[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)

### DIRECT DEBIT FROM BANK ACCOUNT

Please consider changing your giving from a credit card deduction to a direct debit from your bank account. Please contact the parish office to have this set up automatically for you.

## SHRINE OF HOPE FOR PRIESTS AND VOCATIONS

JUBILEE YEAR OF HOPE  
2025

6 RAGLAN ST, MANLY 2095 9977 5822

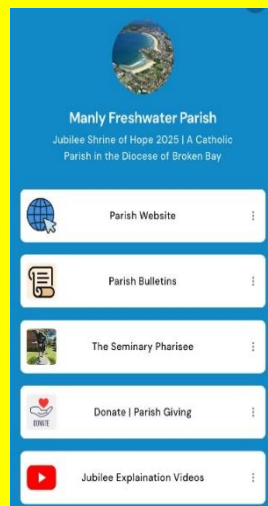


## Manly Freshwater Parish

### QR Code

You can view Fr Sam's 90 second Jubilee YouTube video by scanning the QR Code.

Other parish information can also be found.



## Jubilee Shrine of Hope

### Mary Immaculate Church Manly

During 2025 Jubilee at Mary Immaculate Church, Manly you are able to obtain a Plenary Indulgence.

An Indulgence is beautiful expression of God's mercy referring to the remission of temporal punishment due to sins already forgiven through Confession.

To obtain the Indulgence we must:

- **Visit the Shrine**
- **Go to Confession**
- **Receive Holy Communion**
- **Pray for the Pope's Intentions**
- **Be Free from attachment of Sin**

There are 3 other Churches in the Diocese which form the Diocese Pilgrimage. **Pilgrim Passports** can be found at the entrance to the Church. Please stamp your passport at the Shrine of St John Vianney.

### PARISH WEEKLY EVENTS

- Cenacle of Our Lady: Tues 9:45am Manly Church
- Craft Group: Tues 10:00am Parish Centre
- Christian Meditation: Tues 12:15pm Parish Centre
- Eucharistic Adoration: Weds 6:00pm Manly
- Lectio Divina: Tues 7.30pm & Weds 10am Parish Centre
- Piety Store: open on weekends or call the Parish Office
- Prayer Group in Spanish – 2nd & 4th Friday 6pm Parish meeting room
- Reconciliation: Manly: Sat 10am – 11am
- RCIA: Contact the Parish Office 9977 5822
- Rosary: Freshwater Tues – Fri 8.45am in Church
- Youth Group (Yrs 7 – Yr 12): 1st & 3rd Sunday 7pm – 9pm

### PARISH MONTHLY EVENTS

- Anointing Mass: Manly & Freshwater 1st Friday 9:15am
- Parish Pastoral Council: contact Parish Office
- St Vincent de Paul Conferences:  
Manly 1st Mon each month 5:30pm  
Freshwater 2nd Mon each month 5:30pm

### Broken Bay Pilgrimage of Hope

There is no more joyous time to be Catholic and what more sacred time to visit Rome with our Holy Father, Pope Leo XIV than in this **Jubilee Year of Hope!**

We warmly invite you to journey with our very own Fr Hien Vu for an extraordinary, faith-filled ten day pilgrimage to Assisi and Rome. Breathe in the beauty of Assisi, walk in the footsteps of Saint Francis and Saint Clare, visit the tomb of Bl Carlos Acutis. Whilst in Rome, participate in Mass with Bishop Anthony, pay a personal tribute at the resting place of Pope Francis, walk through the Holy Doors of the Papal Basilicas, and join in the Holy See celebrations for the Jubilee of Consecrated Life 8-9 October and Papal Mass with Pope Leo XIV. **Registrations for this once in a lifetime trip closing soon.**

You are invited to join Fr Hien and Libby via Zoom for an information session:

Time: 7pm Date: Thu 5 June

To join, please email [mission@bbcatholic.org.au](mailto:mission@bbcatholic.org.au)

### Australian Catholic Youth Festival Melbourne 2025 Diocese of Broken Bay Pilgrimage 29 Nov – 3 Dec

Calling all young people in Broken Bay. Join us in Melbourne, along with young Catholics from across Australia for a renewed, personal encounter with Jesus, at the 2025 Australian Catholic Youth Festival (ACYF). Flights, accommodation and registration \$1,630 per person. Limited opportunity for \$500 subsidy.

To register your interest, scan the QR Code.



### Paris to Rome Jubilee Year Pilgrimage

accompanied by Fr Robert Borg  
from The Lakes Parish

Departs 12 October 2025 for  
13 days/10 nights

Paris (2 nights); Chartres; Nevers (1 night); Paray le Monial; Ars; Lyon (1 night); Turin (2 nights); Rome (4 nights).

**The Tri-Diocesan Social Justice Evening** is an annual collaboration between the Archdiocese of Sydney and the Dioceses of Parramatta and Broken Bay. This year, Parramatta will be hosting on:

Time: 6pm – 9pm, Date: Wednesday, 25 June

Place: St Monica's Parish Hall, 8 Daking St, North Parramatta.

Engaging speakers will discuss the ACBC Social Justice Statement 2024-25, "Truth & Peace – A Gospel Word in a Violent World", while you can enjoy a delicious meal and good company.

## Sixth Sunday of Easter – Year C

### First Reading

*Acts 15:1-2, 22-29 (JB)*

A reading from the Acts of the Apostles

*It has been decided by the Holy Spirit and ourselves not to burden you beyond what is essential.*

Some men came down from Judaea and taught the brothers, 'Unless you have yourselves circumcised in the tradition of Moses you cannot be saved.' This led to disagreement, and after Paul and Barnabas had a long argument with these men it was arranged that Paul and Barnabas and others of the church should go up to Jerusalem and discuss the problem with the apostles and elders.

Then the apostles and elders decided to choose delegates to send to Antioch with Paul and Barnabas; the whole church concurred with this. They chose Judas known as Barsabbas and Silas, both leading men in the brotherhood, and gave them this letter to take with them:

'The apostles and elders, your brothers, send greetings to the brothers of pagan birth in Antioch, Syria and Cilicia. We hear that some of our members have disturbed you with their demands and have unsettled your minds. They acted without any authority from us, and so we have decided unanimously to elect delegates and to send them to you with Barnabas and Paul, men we highly respect who have dedicated their lives to the name of our Lord Jesus Christ. Accordingly we are sending you Judas and Silas, who will confirm by word of mouth what we have written in this letter. It has been decided by the Holy Spirit and by ourselves not to saddle you with any burden beyond these essentials: you are to abstain from food sacrificed to idols, from blood, from the meat of strangled animals and from fornication. Avoid these, and you will do what is right. Farewell.'

The word of the Lord.

**All: Thanks be to God.**

### Responsorial Psalm

*Ps 66:2-3, 5-6, 8 (JB)*

**R. O God, let all the nations praise you!**

O God, be gracious and bless us and let your face shed its light upon us. So will your ways be known upon earth and all nations learn your saving help. R. Let the nations be glad and exult for you rule the world with justice. With fairness you rule the peoples, you guide the nations on earth. R.

Let the peoples praise you, O God; let all the peoples praise you. May God still give us his blessing till the ends of the earth revere him. R.

### Second Reading

*Revelation 21:10-14, 22-23 (JB)*

A reading from the book of the Apocalypse

*He showed me the holy city coming down out of heaven.*

In the spirit, the angel took me to the top of an enormous high mountain and showed me Jerusalem, the holy city, coming down from God out of heaven. It had all the radiant glory of God and glittered like some precious jewel or crystal-clear diamond. The walls of it were of a great height, and had twelve gates; at each of the twelve gates there was an angel, and over the gates were written the names of the twelve tribes of Israel; on the east there were three gates, on the north three gates, on the south three gates, and on the west three gates. The city walls stood on twelve foundation stones, each one of which bore the name of one of the twelve apostles of the Lamb.

I saw that there was no temple in the city since the Lord God Almighty and the Lamb were themselves the temple, and the city did not need the sun or the moon for light, since it was lit by the radiant glory of God and the Lamb was a lighted torch for it.

The word of the Lord.

**All: Thanks be to God.**

### Gospel Acclamation

*John 14:23 (JB)*

Alleluia, alleluia!

All who love me will keep my words, and my Father will love them and we will come to them.

Alleluia!

### Gospel

*John 14:23-29 (JB)*

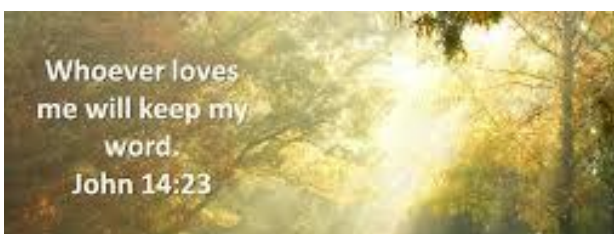
A reading from the holy Gospel according to John

*The Holy Spirit will teach you everything and remind you of all I have said to you.*

Jesus said to his disciples: 'If anyone loves me he will keep my word, and my Father will love him, and we shall come to him and make our home with him. Those who do not love me do not keep my words. And my word is not my own; it is the word of the one who sent me. I have said these things to you while still with you; but the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all I have said to you. Peace I bequeath to you, my own peace I give you, a peace the world cannot give, this is my gift to you. Do not let your hearts be troubled or afraid. You heard me say: I am going away, and shall return. If you loved me you would have been glad to know that I am going to the Father, for the Father is greater than I. I have told you this now, before it happens, so that when it does happen you may believe.'


The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**



Whoever loves  
me will keep my  
word.  
John 14:23





Advantage Healthcare Support  
Compassionate Care. Dignified Treat.

Let us provide the care you deserve.  
**CALL US TODAY!**

**OUR SERVICES**

- Disability Support Services
- Home Nursing Services
- Aged Care Services
- Supported Independent Living (SIL)

02 9984 0976  
Hello@ahs nursingagency.com



**MAURER FAMILY FUNERALS**

*Finding guidance during a difficult time is comforting*

**MAURER FAMILY FUNERALS**

*4 Generations of Family Serving the Community since 1941*

Offices at  
**Balgowlah & Chatswood**  
**9977 2113**  
[www.maurerfunerals.com.au](http://www.maurerfunerals.com.au)

Accredited Funeral Home  
**Australian Funeral Directors Association**




**Jenny Smith,**  
**Funeral Director**

**340 Sydney Rd**  
**Balgowlah**  
**9907 9765**

Offering Australia's leading prepaid funeral plan.  
All area  
Australian owned.  
[www.simplicityfunerals.com.au](http://www.simplicityfunerals.com.au)



**WILSON FAMILY FUNERALS**

**CALL 02 9913 7131**



*Local Australian family owned and operated*  
*Available 24/7*  
*Personally talk to Ann Wilson and her team*

Suite 3, 1440 Pittwater Road  
North Narrabeen, Sydney  
[wilsonfamilyfunerals.net.au](http://wilsonfamilyfunerals.net.au)




**R.L. GRAY ELECTRICAL**  
SINCE 1949

*'Providing outstanding service to our community for over 65 years'*


**Residential, commercial & industrial installations and repairs**

- Lights & Power
- Stoves & Hot water
- Telephone & Internet


**FREE QUOTATIONS PLEASE CALL BEN**  
**9948 3799**  
**0418 419 718**



**St John the Baptist Primary Catholic School K - 6**  
7 Johnson St,  
Freshwater  
9939 6699



**St Mary's Primary Catholic School K - 6**  
Denison Street, Manly  
7256 2135



**Stella Maris**  
COLLEGE MANLY

**A Catholic Girls' College of Good Samaritan Education from Years 7-12**

*Strong minds. Open hearts.*

Stella is leading the way in girls' education!  
With a record of sustained academic success and an environment that prioritises wellbeing, our students thrive.

**Eurobin Ave, Manly NSW**  
[www.stellamaris.nsw.edu.au](http://www.stellamaris.nsw.edu.au)



**St Paul's Catholic College**

A Catholic co-educational secondary school for Years 7-12 in Manly.

*Live, Learn, Walk with Courage, Compassion and Stewardship*

02 7256 2112  
124 Darley Rd, Manly  
[www.stpaulsdbb.catholic.edu.au](http://www.stpaulsdbb.catholic.edu.au)  
[stpauls@dbb.catholic.edu.au](mailto:stpauls@dbb.catholic.edu.au)

**Enrol Today!**



**BE YOUR BEST SELF here**

**Parish Priest:** Fr Chima Ofor  
[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)

**Assistant Priest:** Fr Marek Woldan  
[marek.woldan@bbcatholic.org.au](mailto:marek.woldan@bbcatholic.org.au)

**Assistant Priest:** Fr Sam French  
[sam.french@bbcatholic.org.au](mailto:sam.french@bbcatholic.org.au)

**Seminarian:** Mr Alfred Soliman  
[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)

**Parish Secretary:** Jenny Beninati  
[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)

**Mary Immaculate Church (Parish Office)**  
6 Raglan St, Manly 2095

Phone: 9977 5822

After Hours Sick Calls: 0499 910 010

Parish Office: Mon to Thur 8:30am - 4:30pm  
[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)  
[www.bbcatholic.org.au/manlyfreshwater](http://www.bbcatholic.org.au/manlyfreshwater)

**St John the Baptist Church**  
cnr Johnson & Oliver St, Freshwater 2096

**Parish Pastoral Council:**

Michael McGrath (Chair); Ivica Covic (Deputy Chair); John Zemek (Deputy Chair); Val Buono; Patricia Carroll; Rob Irving; Robert Marshall; Ian Press

**Weekend Masses:**

*Freshwater:* Saturday Vigil 5:00pm and Sunday 9am

*Manly:* Saturday Vigil 6:00pm

Sunday 8:30am, 10:30am, 6:00pm

**Weekday Masses:** *Freshwater* Tue, Wed, Thur, Fri 9:15am

*Manly* Tues and Fri 7am & 9:15am

Wed and Thur 9:15am

**Reconciliation:** *Manly* Wed 6pm - 7pm; Sat 10am - 11am

**St Mary's Primary School** 7256 2135

Principal: Paul McGuire

**St John the Baptist Primary School** 9939 6699

Principal: Alicia van der Merwe

**St Paul's Catholic College** 7256 2112

Principal: Gabie Stojanovski

**Stella Maris College** 9977 5144

Principal: Sharyn Quirk